The Year 11 SLR class have been active in the community helping the Primary school run their athletics carnival. During this term, the class has studied Sports Coaching, teaching them skills to plan and instruct PE lessons. Students conducted lessons to the primary school this term and received excellent feedback from teachers and students from Canowindra Primary School.

In Year 12 PDHPE students are currently revising the course and will be focusing on:

- Reading and interpreting questions properly
- Answering the question fully by addressing the key term (e.g., evaluate, discuss etc)
- Using relevant examples
- Time management
- Techniques to reduce stress/lack of sleep/freezing up in the exam

Students will face questions like the example below and therefore must have specific knowledge only gained through time compiling detailed study notes from the course.

Examine the relationship between body temperature regulation and fluid intake

Meanwhile, Year 7 PDHPE are enjoying learning about the changes that occur during puberty. Fun, yet embarrassing lessons are answering many questions and filling in information gaps.

Year 10 have their assessment task “mobile phones should not be used when driving” due tomorrow. Email or hand it to Mrs Porter. They have now started a new topic and are studying food groups and nutrition and will continue on to looking at the benefits of physical activity throughout life.
Library News

In the last few weeks we have been focusing on book series in the library. Many of the series that we have available are displayed as you walk into the library. So why not start a series today. Some famous series that we have in our collection include Harry Potter, The Hunger Games, The Maze Runner, Percy Jackson, Lord of the Rings as well as many more.

In the last week the library has also welcomed many new titles to our ever expanding collection which have been flying out the door. Highly recommended is the new title by Sabaa Tahir ‘An Ember in the Ashes’. There will be more titles arriving this week hopefully. Remember if there are any books you would like to see in our library let Miss Ryan know and she will see what she can do!

Thursday is board game day in the library so if you have a game you would like to play bring it in! There is also a selection to play in the library!

Happy Reading!

Principal’s News

Congratulations to our Tournament of Mind students - Will Wright, Hannah Johnson, Jack Traves, Julia Stanley, Chanse McLean, Ellie Dicton and Talitha Stanley that travelled to Bathurst over the weekend. The students excelled in the long term challenge receiving accolades from the judges. Our performance in the spontaneous challenge was also credible resulting in our team just missing out on going to Sydney.

As part of our Workplace Health and Safety requirements schools are required to conduct regular evacuation and lockdown drills. Last Tuesday we held a lockdown drill commencing half way through recess and into period three. This was a great opportunity for us to be able to ensure our staff and students knew what to do if an emergency situation did arise at such time and to identify any corrective actions we need to take. I would like to assure parents that in the case of a real emergency appropriate communication would happen in line with department procedures.

A huge thank you to all the parents that attended the subject selection sessions and Year 7 orientation morning tea last week. It was wonderful to have so many parents in the school supporting the education of their children. I would also like to thank Amelia Holmes, Jack Traves, Kate Gander and Brooke Kinsela for acting as confident and extremely informative tour guides for parents on Thursday morning – what great ambassadors for our school.

Last Friday our Year ten students participated in the annual Love Bites program as part of our student wellbeing program. Over the remainder of the term we will continue our focus on student welfare with particular emphasis on respect and tolerance. We ask parents for their support in helping address these key social skills.

Congratulations to Jennifer Berkrey on being last week’s Canteen Voucher winner.

Neryle Smurthwaite
Principal

Year 9 Snowys Excursion

Last Wednesday, Thursday and Friday Year 9 went on their excursion to the Snowys. From all accounts the students had a fantastic time!! A full report and photos will be in next week’s newsletter but below is a group of students Mr Blackburn nicknamed the “A Team”. This group of students showed great skiing ability and were even doing complete runs by the end of the day.

Tom Blackburn, Joe Besedic, Will Wright (back)
Alex Flannery, Alana Cramer, Jack Thompson, Blake Livingstone (front)
**Year 10 Love Bites Program**

Last Friday Year 10 participated in the annual Love Bites Program. Love Bites is held throughout all of NSW and Queensland as well. It aims to educate Year 10 students about social issues such as domestic violence and sexual assault. The students were split into 2 groups and rotated through activities such as questionnaires and informative DVDs until lunchtime. Many comments were made throughout the day by the social workers and community health nurses that this Year 10 group was one of their best yet.

After a scrumptious sausage sizzle (thanks Mr Ball for this!) a painting competition was held. Year 10 groups were told to break into groups of 3 and design a poster that promotes healthy relationships. A democratic vote was held and at the end of the day a group with Sophie Tremain, Ciaran Etty and Anouchka Rodriguez won the competition. Their painting was about the importance of having good friends and featured the slogan, ‘Friends are like bras, close to the heart and there for support.’

Thank you to the generous social workers, counsellors and community nurse from Canowindra and Cowra, a great day was had by all.

**National Science Week at the Age of Fishes Museum**

The Age of Fishes Museum, partnered with the CORRIDOR project, was selected as the Cowra/Cabonne Science Hub by the Inspiring Australia Grants committee through Sydney University.

They received funding from Inspiring Australia, Cabonne Council and Cowra Council to launch the Hub and to conduct activities during National Science Week, August 17–21 2015.

Part of the Science Week program of events included the projection of a 3D computerised model of the *Canowindra grossi* into the Belabula River.

This community event was conducted at the Swinging Bridge on Monday 17 August and reflected the 2015 National Science Week theme of “Making Waves, the Science of Light”.

As part of the events, ten students from Canowindra High School were invited to take part on the Tuesday 18 August launch of the Cowra/Cabonne Science Hub, acting as ambassadors for the school.

In addition, the students had the opportunity to meet with and discuss the project with the internationally renowned artist, Craig Walsh, commissioned to create the 3D computerised model, as well as scientists Dr Alex Ritchie and John Long.

It is anticipated that the creation of a local Science Hub will see an ongoing commitment to science in our regional area, as well as an enhancement to scientific activities and education within our local region.
**Safer Drivers Course for Learner Drivers**

PCYC Cowra will be holding its Safer Drivers Course for Learner Drivers at the Young Road complex on Friday 11 September (Module 1) and Saturday 12 September (module 2).

The course consists of module 1, being a 3hr facilitated group discussion and module 2, being a 2hr in-car coaching session. Cost of the course is $140.00 and participants receive 20 hours credit in their Learner log books upon completion of the course. You must have 50 hours of actual driving experience recorded in your log book to register for the course.

Phone Cowra PCYC for details, 6341 2065.

---

**The Partners in Learning parent feedback survey**

Our school will also be participating in the *Partners in Learning* parent survey, another part of the *Tell Them From Me* suite of surveys (student, teacher and parent surveys) on student engagement. The survey asks parents and carers questions about different factors that are known to impact on student wellbeing and engagement.

Running this survey will help our school understand parents’ and carers’ perspectives on their child’s experience at school. These include: communication between parents/carers and staff, activities and practices at home and parent/carer views on the school’s support of learning and behaviour. This valuable feedback will help our school make practical improvements.

The survey is conducted entirely online at home or on public computers. The survey will typically takes 15 minutes or less to complete and is completely confidential. The parent survey will be conducted between 17 August and 16 October. Participating in the survey is entirely voluntary, however, your responses are very much appreciated.


The Survey can be accessed on this link: [https://nsw.tellthemfromme.com/j_acegi_security_check?j_username=parent18631&j_password=Can8518](https://nsw.tellthemfromme.com/j_acegi_security_check?j_username=parent18631&j_password=Can8518)

---

**CALLING FOR TENDERS**

450mm Woodworking Bandsaw-Hafco (made in Taiwan). Motor 240 volt, maximum cut 240mm, throat 410mm. Purchased in 1995 through Hare and Forbes in Parramatta. Has done little work and is in good condition.

Enquiries please contact the school on 63441305, all applications in writing.

---

**Assessments Due**

**Week 7A**

Yr 11-Ag(3), Senior Science (4)
Yr 10-PDHPE (3), Visual Arts (3)
Yr 9- Geo S2 (1), History S2 (1)

**Week 7B**

Yr 10– Ag (3), Geography S2 (1), IT-Metal (4)
Y9 IT-Metal (4), Visual Arts (3)