Open Boys Cricket – 10/11/2011

With the weather threatening to rain Captain Nick Willson won the toss and decided to bat. With Parkes bowling a tight line and length it was hard for our team to score runs. Parkes bowled us out for 64 runs with Jacob Devlin our highest scorer on 12. Parkes made quick work of our target and were far too good on the day. They will go on to play Lithgow in the semi final.

Thank you to all the boys and especially Nicole Stevenson who is currently playing with the Western breakers team on the weekends. Good luck to Nicole and Rohan with the respective open cricket trial this month.

Mr McKenzie – Sports Coordinador

Well done Canowindra High School.

On behalf of the Canowindra RSL Sub Branch, I would like to thank everyone at Canowindra High School for their participation in the Remembrance Day Service.

I would like to thank Ms Bugeja and Mr Scott for all the time spent on the order of service and the Captains Simone, Blake, Emily & Harry for running the ceremony. Thanks also to Eric and Mrs Curtis for setting up and running the sound system. Also to all of the teachers and children who attended the Remembrance Day Service. A special thank you to Mr Dziedzic for playing the Last Post on the trumpet.

Mike Harrison – President Canowindra RSL Sub Branch

Health Awareness from your SRC

This summer is fast approaching and the weather is heating up. With the summer holidays coming up and the good things you can do in summer, like going to the pool with your friends or hanging out at the Skate Park can be deadly...literally. Kids forget that the sun is dangerous to our skin and can damage it. Here are some interesting facts from the Cancer Council Australia website. In Australia, every year Skin cancers account for 80% of all newly diagnosed cancers. Two in three Australians will be diagnosed with skin cancer by the time they are 70. Australia still has one of the highest rates of melanoma incidence and mortality in teenagers globally, with the number of melanomas in 15 to 19 year old Australians being more than double that of those in the US. Several factors have been proposed to explain this phenomenon. Foremost, is that the population in Australia consists of a high proportion of people with fair skin types which are exposed to relatively high levels of UV throughout most of the year; this is in part due to latitude and climate, but also as a result of ozone depletion in the atmosphere over this region. Furthermore, Australians are renowned for their love of the outdoors; being fanatical sporting fans and fervent holiday makers means more time under the burning sun. Because of their increased risk of skin cancer, in comparison with adolescents from other nations, young Australians need to be particularly vigilant with regards sun protection and monitoring their skin for any signs of malignancies.

Where on the Skin Does Melanoma Occur?

- Anywhere, including places never exposed to the sun.
- In Caucasian males, the most common location is the trunk (especially the back).
- In Caucasian females, the most common locations are the legs (especially the back of lower legs) and trunk.
- Among Asians, Hispanics, and African-Americans, the most common locations are the feet and hands.
ORIGIN OF MELANOMAS ON THE SKIN OF CAUCASIAN MALES & FEMALES

When should I have my skin spots checked?

When you have a:

- new spot that is different from other spots around it
- spot, mole or unusual freckle that has changed in shape, size, or colour
- sore that doesn’t heal
- skin spot that you are worried about.

So be smart this summer and protect your skin wear sun block, hats, sunglasses and limit your time in the sun. Don’t forget to check your skin regularly and if a freckle, a mole or a sore changes or does not go away, tell someone and seek medical attention.

By Harry and Blake

Faculty in Focus – Science – CAPA

As the end of the year looms, things are busy in the Science – CAPA faculty. Students in Years 7 – 9 are busy revising for end of year examinations, with staff setting and marking examinations and writing student reports. As well as assessment and reporting, and ongoing learning activities, there are several additional activities coming up in the next few weeks.

Mr Dagg has returned from a two week stint at Art Express. This intensive time allowed him an amazing insight into the behind the scenes work that goes into an Art Express exhibition, with artwork selection, presentation, handling and displaying. His experience will no doubt be of great benefit to students studying Visual Arts at Canowindra High School. We look forward to hearing more on this from Mr Dagg.

Some of the Visual Arts students in Years 9-11 are travelling to Cowra today to the Cowra Regional Art Gallery with Mr Dagg. Funding to attend the exhibition is being provided by the Cowra Regional Art Gallery so students are able to enjoy this enrichment experience at no expense. Students will also visit the Japanese Gardens where they will have lunch.

Musical items are being prepared for the end of year assembly and Presentation Night. Students are busy practising with Mrs Curtis during class, at recess and at lunch, preparing solo and ensemble performance pieces.

On November 22nd all Year 8 students will sit the Essential Secondary Science Assessment (ESSA) test. This test is an online test which takes about 80 minutes to complete. Students use headphones and a computer to complete the interactive test, which assesses students’ knowledge and understanding of science, its applications, and its impacts on the Earth and society. Students will receive their ESSA results early next year in the form of a comprehensive assessment package.

Year 10, 11 and 12 Science students will have the opportunity to participate in a video conference on the 17th November with the 2011 Nobel Prize in Physics recipient Dr Brian Schmidt. Discussion topics will include Earth & space sciences, and the use and influence of Science.

Year 10 students have just completed their School Certificate examinations, with most students still smiling as they emerged from the hall! With the SC out of the way, Year 10 Science students are looking forward to a Forensic Science unit, while Year 9 Science have plenty of practical investigations to complete in the areas of Chemistry and Electricity. Year 7 are about to begin an in-depth look at some of the features of planet Earth, while Year 8 are looking at cells under the microscope and ecosystems.

Earlier in the year, Ms Cousins’ Year 8 Science class independently designed and constructed some outstanding atomic models. These models are soon to be on display in the school foyer and are shown in these photographs:
Quiz Questions

1. When they were discovered by Galileo, he called them the Medician Stars. What do we call them today?
2. Histidine, tryptophan and glycine are all examples of what?
3. Where might you find a stigma, anther and sepal?
4. What is a carbon nanotube?
5. Melanoma mainly affects which part of the human body?
6. What is the chemical formula for the sugar sucrose?
7. What is the name of lowest layer of the Earth’s atmosphere?
8. What is measured in amperes?
9. In information theory, what is compressibility?
10. Where in the human body would you find the ossicles?

Quiz Answers

1. The Medician Stars are Io, Europa, Ganymede and Callisto – four of the moons of Jupiter.
2. Histidine, tryptophan and glycine are all amino acids.
3. Stigma, anther and sepal are all parts of a flower.
4. A carbon nanotube is a form of carbon molecule where the atoms are arranged as a cylinder.
5. Melanoma is a cancer that mainly affects the skin. The Queensland Institute of Medical Research recently led an international study that discovered two genetic factors that increase the risk of developing melanoma.
6. C_{12}H_{22}O_{11} is the chemical formula for sucrose.
7. The troposphere is the lowest layer of the Earth’s atmosphere.
8. Amperes are used to measure electric current.
9. Compressibility is a measure of how much a data set can be reduced without losing so much information that the original can’t be reproduced.
10. The ossicles are bones commonly known as the hammer, anvil and stirrup of the middle ear. The HEARING Cooperative Research Centre has developed HEARLab, the first device in the world that can accurately test the hearing of newborn babies.

What’s On

Week 6B | Term 4
--- | ---
Monday 14 November | Year 8 exams
| | Year 7 exams
| | Yrs 9-11 Art Excursion-Cowra
Tuesday 15 November | Year 8 exams
| | Year 7 exams
Wednesday 16 November | Year 8 exams
| | Year 7 exams
| | Yr11 SLR excursion–Katooomba
| | Lifesaving
Thursday 17 November | Year 7 exams
| | Yr11 SLR excursion–Katooomba
| | Lachlan Shield Cricket
| | P&C Meeting 5.30pm
| | Yr6 Transition BBQ – 6.30pm
Friday 18 | Year 7 exams
| | Yr11 SLR excursion–Katooomba
| | Public Speaking - Boorowa

Week 7A | Term 4
--- | ---
Monday 21 November | Volunteers Morning Tea
Tuesday 22 November | ESSA Online Test Y8
| | Scripture Y7
Wednesday 23 November | Year 8 excursion – South Coast
| | Year 7 excursion – Mr Scott’s farm
| | Lifesaving
Thursday 24 November | Year 8 excursion – South Coast
| | Year 7 excursion - Mr Scott’s farm
| | Y10 Maths Day – Parkes
Friday 25 November | Year 8 excursion – South Coast
| | Year 7 excursion - Mr Scott’s farm
| | Y10 Maths Day – Parkes

Assessments Due:

- Week 6: Year 12 - Chemistry 1, Snr Science 1, SLR 1
  - Year 9 - Agriculture 5, Timber 4
- Week 7 - Year 12 – Eng Studies 1, Eng Standard 1, Eng Advanced 1, IT Auto 1, Modern History 1

COMMUNITY CHRISTMAS BARBEQUE
Hosted by Vinnies
SUNDAY 27TH NOVEMBER 2011
at 5.30pm
ST EDWARDS SCHOOL GROUNDS
FOOD & DRINK SUPPLIED
NO CHARGE
ALL WELCOME!
To help us with catering please advise the ladies at the Vinnies shop if you would like to come along.
We can arrange to pick you up if you would like a lift.
### Yr 7 Semester 2 Exams 2011 - B Week

<table>
<thead>
<tr>
<th>Period / Day</th>
<th>Monday 14th November</th>
<th>Tuesday 15th November</th>
<th>Wednesday 16th November</th>
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<td>1</td>
<td></td>
<td>7P Science (CR)</td>
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<tr>
<td>2</td>
<td>7M Science (L1)</td>
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<td>7M English (E2)</td>
<td>7P Maths (I3)</td>
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<td>7P English (E1)</td>
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<td>4</td>
<td>7P LOTE (Music Room)</td>
<td>7M LOTE (B1)</td>
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<td></td>
<td>7M Maths (I2)</td>
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<tr>
<td>5</td>
<td>Geography (Lanham)</td>
<td>SPORT</td>
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| (B4)         |                      |                       |                         |                        |                      |

### Yr 8 Semester 2 Exams 2011 - A & B Weeks

<table>
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<tr>
<th>Period / Day</th>
<th>Thursday 10th November</th>
<th>Friday 11th November</th>
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<td>2</td>
<td>8 Maths B (I3)</td>
<td>Remembrance Day</td>
<td>8 Maths A (I2)</td>
<td>8 Science B (L2)</td>
<td>8 Science A (L1)</td>
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<td>3</td>
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Minutes of Canowindra High School P&C Association Meeting held Thursday 20th October 2011

Meeting started at 5.30pm.

Present: David Lloyd, Nicole Bugeja, Cathy Ellis, Stephen Russell, Carolyn Austin, Narelle Hughes, Glenda Gavin, Dearne Curtis, Narelle Robinson, Angela Thornberry, Leanne Harrison.

Apologies: Lynne Russell.

Minutes of the previous meeting read & passed as correct. Moved Cathy. Seconded Angela.

Business Arising from Minutes
1. It was moved that a note of thanks be sent to Leanne Stevenson, Kerrie Smith and Barbara Old for their help in running the canteen during the last 2 weeks of Term 3 when Sue was away. Leanne to organise.

2. Year 10 Shirts – Dearne has sent a letter and order form home with the students. Forms, and payment, need to be in by 23rd September so that shirts can be ordered as soon as possible.

Correspondence
Inwards: Canteen A/C’s (given to Treasurer), Federation of P&C (End of Year Celebration Materials), GiO (Workers Compensation).

Outwards: Nil.

Principal’s Report - In brief the report covered;
- Assets – Trade Training Centre handed over; Re-development of basketball courts and Lab 3 out for tender; Fire damage – Tech Drawing wall – approved with repairs to commence as soon as contractors are available.
- Student Achievement – HSC progressing smoothly; Year 10 Internal Exams now complete.
- Staffing – Tom Blackburn will replace Christine Conley from 2012; Geoff Dernee and John Cowell have signalled their intention to retire.
- Xsel – Applications for students entering Year 7 in 2012 will open on October 24 via the NSW public schools website (www.schools.nsw.edu.au)
- Year 7 Orientation – Proceeding well; teaching and learning unit planned to support transition across the primary/secondary divide.

General Business
1. Angela moved that Lynne be made a signatory for cheques as she is easily accessible at the credit union. Seconded Cathy. Carried.

2. Nicole went through the “Where to next? Future Directions?” document highlighting CHS strategies for increasing numeracy and literacy levels, student retention, and the use of staff individual professional learning plans for 2012.

3. David asked for feedback from those present regarding the issue of “Local Schools, Local Decisions”, particularly in regard to staffing and the management of resources (including accountability). The feedback was documented and will be passed on to the Department of Education.

Meeting Closed at 7.10pm.

Next Meeting to be held
Thursday 17th November 2011 at 5.30pm.

REMEMBRANCE DAY 2011
Canowindra High School is holding a Guessing Competition.
All proceeds will be donated to Breast Cancer Research.

**5 fantastic prizes - tickets $1.00 each**

Tickets available from Year 11 students and the Front Office.

- $50 gift voucher at The Shearing Shed Hair and Beauty
- $50 gift voucher at The Trading Post
- Pink basket of goods
  - includes: a variety of women’s body products, beautiful coffee mugs, a tea shot, elegant race
- Olive basket of goods
  - includes: cotton washcloths, sturdy holder, male body products, mouthwash, crochet km kilo, towel rope
- Sports gift pack
  - includes: sports shoes, water bottle, sports bag, body products

Many local businesses have generously donated gifts for the prizes. They include Canowindra Flooring, The Shearing Shed Hair and Beauty, Limeri Jam, Hanks Shop, O’Sullivan’s, Rural Solutions, Tents and Tissues, Canowindra Pharmacy, Canowindra Guardian Pharmacy, Bandy Street Emporium, Sports Power and Canowindra Pharmacy.

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**Don’t be a Witness. Get Into Fitness**

**Logo Competition**

Canowindra High School students are invited to design a LOGO to go with our slogan for the Canowindra Fitness Path.

The LOGO may be used on t-shirts, posters, and pamphlets to promote the path, along with our slogan.

A fantastic prize of a $50 voucher to Raw Canvas will be awarded to the winner.

**We are looking for entries that are:**
- Black on white A4
- No larger than ¾ A4 size
- Simple and bold
- Symbolise exercise and fitness

**YOU MAY ENTER AS OFTEN AS YOU LIKE. PLEASE WRITE YOUR NAME ON THE BACK OF YOUR ENTRY.**

Entries are to be given to Mrs Balcombe by Friday 25th November.

Thank you to Tannena School and Raw Canvas for sponsoring the competition.

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**What is child abuse?**

**CHILD ABUSE IS A CRIME!**

It can take many forms...

- **Sexual Abuse** occurs when someone involves a child in a sexual activity by using their power over them or taking advantage of their trust.
- **Physical abuse** is any non-accidental injury to a child, including shaking and excessive discipline.
- **Emotional Abuse** is behaviour that destroys the confidence of a child resulting in emotional deprivation and trauma, including exposure to domestic violence, intimidation and withholding affection.
- **Neglect** is the failure to provide a child with the basic necessities for their proper growth and development (for example – food, clothing, shelter, medical care and appropriate supervision).

If someone is abusing you, if you know or suspect that a child is being abused, if you have hurt a child or fear that you may hurt a child you can call CAPS on 1800 688 009 for free, 24 hour, non-judgemental, confidential support and information.