The Year 10 excursion was an outstanding success this year. Students participated in many activities which pushed them out of their comfort zone. These activities included the high rope course and the “Leap of Faith,” jump to a trapeze swing, all 16-20 metres above the ground.

Other activities the students were involved in included a three hour canoe trip around Narrabeen Lakes and creeks, sailing, archery and abseiling.

The highlight was the surfing at Long Reef Beach. Ideal conditions allowed all students to catch great waves on the boogie boards. The girls showed the boys how to use the surfboards, demonstrating their techniques to all.

Continued next page...
Well done to Year 10 on the successful excursion to Sydney last week. Thank you to Mr McLaughlan, Mrs Balcombe, Mr Jones and Mr Cuddy for their supervision.

Mr Cuddy, as you know, has been doing a fantastic job in the short time he has been working at Canowindra High School. He is employed by GenR8, using chaplaincy funds from the federal government. These funds, although quite generous, will only permit Mr Cuddy to work for 10 hours a week next year. We are asking for donations to www.mychaplain.org.au to assist in increasing his hours to 2 full days per week. We need only $8000 to allow this to occur, and any donations made this year are tax deductible.

I would like to thank the Anglican and Uniting churches for the donations they have already made to increase Mr Cuddy’s hours so he is able to continue working with our youth.

All Semester 2 Student Reports were distributed to students on Friday. If you would like to discuss your child’s progress, please call the front office to organise a phone interview or appointment.

As another year wraps up, I would like to thank all staff for their efforts during 2013. In particular, I would like to thank Mr Bob Scott and Mr Owen McLaughlan for their efforts in relieving as the Deputy Principal and HT TAS during 2012.

We will be farewelling some staff from 2012, including Mr David Lloyd as Principal and wish him all the best at Orange High School next year. Mrs Peta McKenzie will be on maternity leave for 2013 and we look forward to meeting her new baby early in the new year. Thank you to Ms Yvonne Cousins for the great work she has been doing as our Biology teacher and Year 12 Adviser as she takes a year to spend time with her family. Thank you to Mrs Kerrie Smith who has been doing a great job as Science teacher this year, we hope to see Mrs Smith in 2013 as one of our casual teachers.

I would also like to thank the efforts of Mrs Dale Sherwin who has been our 0.5 Business Manager for the last two years, Mrs Kim Edwards who has been relieving as our 0.5 School Administration Manager and to Mrs Jacque Kinsela who has been working the front office.

Do not forget our annual Presentation Night this Tuesday at 7pm sharp. The evening will recognise the fantastic results our students have achieved in various aspects of their education in 2012.

I have thoroughly enjoyed relieving as the Principal of Canowindra High School in 2013. I would like to thank the staff, students and parents for the positive working relationship we have had over the year and will greatly miss Canowindra High School as I begin 2013 relieving as the Principal of Yeoval Central School. I look forward to hearing about the students and CHS as the new school year begins and would like to wish everyone a safe and wonderful holiday.

Nicole Bugeja
Principal (Rlg)
CHRISTMAS GIVING

This is the time of year when retailers anticipate a spike in their income. For many, Christmas trading means the difference between a bad year and a good one. For the average Australian family, Christmas gift-giving is a long-held tradition.

Many Australians have rejected the commercial aspects of this tradition, and support third world countries, or the homeless with their gifts. These gifts have a far greater worth than their purchase value. For many, it gives hope that circumstances can be improved.

One of the most valuable lifetime gifts you can give your children is the gift of strong literacy – the ability to read and understand at a high level. If they leave school with a high level of literacy, then they can not only function in the working world, but if you have also encouraged them to read at home for pleasure, then they have a broader understanding of the ‘big picture’ and the imagination to flourish in their chosen lives.

Every year at this time, I prowl the bookshops and discount stores and buy a stack of good reading. I give a few away as gifts, but the rest I hand to my family, who dutifully wrap them (or not) and present them back at Christmas and on another significant day we observe a few days later.

The gift of a carefully selected book can give much pleasure. If it is the right book it will be informative, stimulating and joyful. It can then be loaned to friends who will share the pleasure and respond accordingly.

For my part, I love the smell and the tactile nature of a new book. Others prefer a much-loved tome, with its marked faded pages and faintly dusty smell. Or if that doesn’t stir the cockles, there are a myriad of e-books out there in cyberspace to download on any number of devices.

Whatever the format, it’s the content that is important. Stories can be the vehicle for world-changing ideas, books of photographs can mark their progress, and books about whatever is your passion can motivate you into action, or simply stir the soul.

Buy a book for your loved ones and share the experience of reading. This simple act has the potential to affect the future for someone you know.

Jenny Watts
Teacher Librarian

i.xtend Program

Canowindra High School is proud to acknowledge Ciaran Etty, Jack Workman, Wesley Blair, Matthew Harrison, Riley Frost, Amy Wallace, Adelaide Ellis and Meg Austin for completing the 2012 i.xtend Program. Students were required to complete an online screening test, characteristic profiling and academic results to be offered a placement in the program. The course is coordinated by the Western NSW Gifted and Talented office and involves a serious of task, both on and offline, to be completed in order to increase a student’s ability to extend the quality of work they present. i.xtend caters to years 5 to 8 and is designed to encourage higher order thinking and build on the skills and strategies presented across the school curriculum. They are encouraged to think outside the box and use a variety of resources and mediums, essays, sculptures, multimedia or music. Students are able to showcase their works through the moodle site and at a Major Work Expo Day. i.xtend currently runs in over 25 schools across the Western NSW Region area, from Lithgow to Broken Hill.

Year 9 Science

Year 9 have been studying genetics in Science. They were learning about dominant and recessive genes. The potato babies they made had a range of genetic features.
### Assessments Due

#### Week 11

**Term 4**  
**Year 11 - Nil**

---

### Fundraising for BeyondBlue

During third term Year 12 held a slave auction to raise money for a charity. The charity they selected was Beyond Blue.

Most Australians have some experience with anxiety and depression, whether it is personal or via family, friends or work colleagues. Beyond Blue’s work is aimed at achieving an Australian community that understands depression and anxiety, empowering all Australians, at any life stage, to seek help.

Beyond Blue raises awareness, reduces stigma and ensures people have access to the information they need to support recovery, management and resilience.

**Beyond Blue info line:** 1300 22 4636 or infoline@beyondblue.org.au

We raised $565 for Beyond Blue. Year 12 would like to belatedly thank Mr McLaughlan and Jake Thompson - the auctioneers and all the slave drivers who bought them and those who tried but missed out.

---

### What's On

#### Week 11A  
**Term 4**

**Monday**  
17 Dec  
Cricket Twenty20 - Blayney

**Tuesday**  
18 Dec  
7pm Presentation Night

**Wednesday**  
19 Dec  
HSC Results available  
Last day for Years 7-11 students

**Thursday**  
20 Dec  
Staff Development Day

**Friday**  
21 Dec  
Staff Development Day

---

### Canowindra High School Presentation Night

The annual Canowindra High School Presentation Night will be held in the Jack Sherwin Memorial Hall on Tuesday 18 December 2012 commencing at 7.00pm.

The night is aimed at celebrating the wonderful achievements of our students throughout the year and all the parents and citizens from the Canowindra High School community are invited and encouraged to attend.

---

### Dates for the 2013 School Terms

<table>
<thead>
<tr>
<th>Term 1</th>
<th>Term 2</th>
<th>Term 3</th>
<th>Term 4</th>
</tr>
</thead>
</table>
| Tuesday January 29, 2013– Staff resume  
Wednesday January 30, 2013– Years 7,11,12 resume  
Thursday January 31, 2013– Years 8, 9, 10 resume | Monday 29 April 2013– Staff resume  
Wednesday 1 May 2013– Students resume | Monday 15 July 2013– Staff resume  
Tuesday 16 July 2013– Students resume | Tuesday 8 October 2013– Staff and Students resume  
Last day of Term 4 is December 18 2013 |

---

### P & C News

**Raffle** - The P&C will be holding a raffle at Presentation night this coming Tuesday. Tickets will be on sale at the door and there will be two Christmas Hampers up for grabs so make sure you bring a couple of dollars with you and support the High School P&C.

**Thank you** - The P&C would like to take this opportunity to thank Ms Nicole Bugeja, who has been a wonderful support to the P&C for the past 3 to 4 years in both her capacity as Deputy Principal and Relieving Principal. Whilst she will be missed, we wish her all the best as she takes on the position of Relieving Principal at Yeoval Central School next term.

Likewise, we would like to thank Mr David Lloyd for all that he has done for the P&C and wish him all the very best as he takes up the Principal Position at Orange High School.