Leadership In Our School

The four Canowindra High School captains travelled to Sydney to attend the Youth Leadership Conference last term. We found the conference to be very motivational and they learnt how to become better leaders and to also interact with other leaders from around the state.

Each captain went to different seminars such as; How to Give a Motivational Speech, How to Organise a School Event, How to be a Sports Captain and How to Resolve Conflict. We hope to bring back the skills we learnt and through our leadership impart what we have learnt to our SRC and directly into our planned projects for Canowindra High.

We would also like to thank Mrs Myers for organising and transporting us to Sydney.

Philippa and Taneil

Student Representative Council Membership

It was my great pleasure to recognise our incoming SRC for 2013 and issue them with their school SRC badges. This badge comes with certain expectations that those chosen will endeavour to do their best for their school and fellow students. It carries the expectation that each student will be actively involved in SRC driven initiatives and will hopefully initiate activities that they see lacking in our school.

I hope our SRC will wear these badges with pride and become motivated to bring ideas to fruition, so school is a great place for every student at Canowindra High.
Principal News

WELCOME BACK. It seems hard to believe it is already the end of April and another school term is under way. I would like to welcome everyone back and hope that you have enjoyed the last two weeks of holidays and are ready for a very productive term. Our new timetable commences this week and should be our final change for the year.

STAFF DEVELOPMENT DAYS. On Monday and Tuesday of this week we held two School Development Days that focused on our schools vision for the future, the current educational changes and the forthcoming Australian Curriculum which will begin to be implemented at the start of 2014. In addition to the hardworking staff I would like to give particular mention, and a huge thank you, to the parents and students who joined us on Monday morning to work through the development of our schools vision statement. The input of these people has allowed the perspective of our whole community to be included in advancement of this statement and the focus of our future direction. Thank you to the students Philippa Myers, Curtis Hughes and parents Ashley Wright, Lynne Russell and Robyn Coady.

ANZAC SERVICE. It was with great honour that I attended the ANZAC march with our students last Thursday and I would like to thank them for attending and to pay tribute to them for their behaviour and appearance – they were outstanding role models and representatives of our school and will be acknowledged at school this week.

CONGRATULATIONS SPORTING TEAMS. On Thursday of the last week of term the majority of our students travelled to Oberon to participate in the first round of Rural Cup. The weather was perfect, the students enthused and the performance exceptional. Despite everyone’s amazing effort the opposing teams held on to bring about a draw in the overall tally. I would like to congratulate the students on their enthusiasm, sportsmanship, camaraderie and positive representation of our school and to thank all staff on their tireless contributions.

STUDY SKILLS PROGRAM. This term will see the re-introduction of a senior student study program. As mentioned early last term the revision of our timetable has enabled the inclusion of study periods for our year eleven and twelve students. These periods, which will be fully supervised, will not only allow students the opportunity to complete homework, assignments and private study while at school but will also require them to be accountable for the study they complete. Each student will be given a study booklet where they will be expected to record their weekly goals, work to be completed and a reflection on what they have achieved.

In addition to the implementation of this booklet students in year twelve will participate in weekly workshops during sport on study skill development. An information evening will be held within the next few weeks to provide parents with an overview of the program and to seek input on future areas to support our students achieve their educational and academic potential.

Neryle Smurthwaite
Principal

Cyber Bullying Seminars

In response to some Cyber Bullying related issues that have been occurring both in and out of school, Canowindra High School has organised a series of seminars for students, staff, parents and community members. The School Police Liaison officer Constable Belinda Bostock will be in school on Friday 10th May to present a series of seminars to all CHS students.

In the lead up to these seminars the Principal Mrs Smurthwaite and relieving Deputy Principal Mr Nottingham will also present information to parents at an information night to be held on Thursday 9th May at 6:30pm in the school’s new computer lab CR2 located opposite the new COLA. This information night will provide parents and carers with information pertinent to the seminars students will be doing the next day. Tea and coffee will be provided, for catering purposes please notify the school if you wish to attend, on 63441305.

Constable Belinda Bostock will also be available from 12:30pm until 2:30pm to talk to parents and carers after she has delivered her seminars to the students. If you have any questions related to the parent information night or the student seminars please contact the relieving Deputy Principal Mr Jason Nottingham on 63441305.

Term 2- Week 2

Wednesday, 1 May 2013

Cyber Bullying Seminars

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Tom Kemp Shield Rugby League (Round 1)

Canowindra High School (22) defeated Molong Central School (16)

Canowindra High School played Molong Central School in their Round 1 match of the Tom Kemp Shield at the Sports Trust Oval, Canowindra on Friday 5th April 2013. At the end of the first half Canowindra had the momentum going into the break with a 14-6 lead. Molong fought back hard and we were just able to hold on for a 22-16 win. Try scorers were Callum Clyburn (3), Kevin Beath and Hayden Ewart. Bradyn Cassidy received players ‘Player of the Match’ for his effort in defence. Thanks to Mr Garry Whatman (referee) and Mr Rob Ellis for marking the lines. Our Round 2 match will be played early in Term 2.

Mr Phelan and Mr Blackburn
It ended with a DRAW ………..

Rural Cup

It was an early start on Thursday 11th April for 130 students and staff as we headed to Oberon for our annual sporting challenge in the Rural Cup. The weather turned out to be perfect and the matches were close. Following are the results:

Win: Yr 7 mixed softball, Junior girls basketball, Open boys touch, Open girls volleyball, Junior boys tennis, Junior girls volleyball, Junior girls tennis, Junior table tennis, Junior girls soccer, Junior girls touch, Junior boys volleyball, Open girls touch, Open boys league, Yr 7 mixed touch, Junior girls netball, Open girls badminton, Junior boys badminton, Junior mixed softball.

Loss: Junior boys soccer, Open table tennis, Open boys volleyball, Junior chess, Open chess, Open boys basketball, Junior boys league, Open girls hockey, Open boys tennis, Open girls tennis, Open public speaking, Junior public speaking, Junior boys basketball, Open boys badminton, Open mixed softball, Junior boys touch, Open boys soccer, Open girls netball, Junior girls badminton.

Draw: Yr 7 mixed soccer and Open girls soccer.

The sports were contested with outstanding sportsmanship and a huge amount of effort. After round three, the results were even. Canowindra headed in to a small lead for the next two sessions, but Oberon pulled out the big guns in the last session winning four from six and locking the scores in to a draw.

The final points were Oberon and Canowindra both with 286.

The home visit will be held later this term.

Training will continue at lunch times with coaches hoping to fine tune the skills and wrap up the visit with a win.

Mrs Troy
**Note:** This month’s P&C Meeting will be in Week 2, Thursday 9th May, at 4.30pm in the Staff Common Room.

**Lost Property**

There are a number of jumpers and hats in Lost Property at school.

Any items uncollected by the end of Week 2 will be turned over to the clothing pool.

**Sports Taping courses in Cowra**  
$60 p/p

Sports taping is an important skill for coaches, trainers, teachers, parents and players involved in sport. Correct sports taping can help prevent injury and also help with injury rehabilitation.

*Level 1* covers beginner technical and practical advice of taping including wrists, ankles, fingers and thumbs.

*Level 2* covers advanced techniques for the shoulder, elbow, wrist, Achilles tendon, knee, shin and soft tissue techniques - hamstrings and quadriceps.

Participants receive a certificate of attainment upon successful completion of the course. Call Sport and Recreation on 6362 6623 for more info or visit [www.dsr.nsw.gov.au](http://www.dsr.nsw.gov.au)

- **Level 1:** 6-9pm 15th May
- **Level 2:** 6-9pm 29th May

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**What’s On**

### Week 1B  
**Term 2**

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<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Monday</td>
<td>29 APR</td>
<td>Staff Development Day</td>
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<tr>
<td>Tuesday</td>
<td>30 APR</td>
<td>Staff Development Day</td>
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<tr>
<td>Wednesday</td>
<td>1 MAY</td>
<td>Students resume Term 2</td>
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<tr>
<td>Thursday</td>
<td>2 MAY</td>
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<tr>
<td>Friday</td>
<td>3 MAY</td>
<td>ANZAC Day Ceremony JSMH P2</td>
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### Week 2A  
**Term 2**

<table>
<thead>
<tr>
<th>Day</th>
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<tbody>
<tr>
<td>Monday</td>
<td>6 MAY</td>
<td>University/Buckley Shield Orange</td>
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<tr>
<td>Tuesday</td>
<td>7 MAY</td>
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<tr>
<td>Wednesday</td>
<td>8 MAY</td>
<td>Athletics Carnival CHS Captains Leadership Day Sydney</td>
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<tr>
<td>Thursday</td>
<td>9 MAY</td>
<td>Yr7 Boys 7 Yr9 Girls vaccinations</td>
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<td>Yr12 FACTS Day CSU Bathurst</td>
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<td>P&amp;C Meeting 4.30pm Parent Cyberbullying Info Night 6.30pm</td>
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<td>Friday</td>
<td>10 MAY</td>
<td>Cabonne Community Reading Day</td>
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<td>Anti Bullying Seminars P1-3</td>
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### Assessments Due

#### Week 1  
**Term 2**

- **Yr 12– Visual Arts 3**
- **Yr10– Geography 2; Music 2**

#### Week 2  
**Term 2**

- **Yr 12 - Chemistry 3**
- **Yr 11 - Industrial Automotive 2, Hospitality 2, Maths Ext 1**
- **Yr 10 - History 2**
- **Yr 9 - Information Software Technology 1**

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**Fun Run**

Run the heart of the Central West

**Sunday 19th May 2013**

- **10km**
- **5km**
- **2km Kids**