Term 1 Week 10

Monday, 26 March 2012

Contact List

Principal (Rig)
Nicole Bugeja

Deputy Principal (Rig)
Bob Scott

Head Teacher
English / HSIE
Lee-Anne Jones

Head Teacher
Maths / PDHPE / Comp
Rod Jones

Head Teacher
Science / CAPA
Tom Harvey

Head Teacher (Rig)
TAS
Owen McLaughlan

Year 7 Advisers
Kathy Davis
Michelle Burn

Year 8 Adviser
Peta McKenzie

Year 9 Advisers
Kath Balcombe
John Cowell

Year 10 Adviser
Owen McLaughlan

Year 11 Adviser
Deanne Curtis

Year 12 Adviser
Yvonne Cousins

Careers Adviser
Bev Taylor

Sports Coordinator
Warren McKenzie

School Counsellor
Lois McCaffery

A Focus on HSIE:

Year 7 students busy observing and recording geographical data in the Ag farm!

HSIE news with Mr Dziedzic

Year 7 HSIE M have recently had their first experience of conducting fieldwork! This involved visiting a few different sites around the school and recording data to answer geographical questions that students had devised, such as:

- What different types of birds are present around the school environment and how common are they?
- What weeds are present in the school?
- How fast do grape vines grow?

While students managed to come to a range of conclusions to their questions, the main conclusion that I came to was that there are plenty of excellent geography students in year 7!

In other news, Year 12 Ancient History have recently concluded their second HSC topic – on the controversial figure of Agrippina the Younger. Agrippina was a fascinating personality who for a few years arguably wielded the most power in the Roman Empire. Her methods were so ruthless at times that she makes Australian politicians look positively tame!

Meanwhile, Year 8 HSIE have been studying the history of colonisation, both in Australia and in South America. The class have gained a new understanding of the history of settler-Aboriginal relations in this country, and how this shaped colonial Australia. I commend them for their maturity in this important topic.

Year 10 Geography have been looking at geographical issues in Australian environments, and have recently submitted their first assessment – a Research Action Plan. Suffice to say, the recent floods provided plenty of stimulus for many of them!

Finally, Year 11 Ancient History have almost concluded their first topic, Investigating the Past. This topic looks at the process of historical and archaeological inquiry, and has included the examination of 2500-year old ice mummies from South America, and the remarkable tomb of Tutankhamun.

I would also like to take this opportunity to thank the Canowindra High School community for having me in the last six months or so, as I am departing at the end of the term. I have found Canowindra High to be an engaging and positive high school, and have built warm relationships with staff and students. I believe that the school is heading in such a great direction and I definitely hope to be back at some stage in the future!

Rural Cup — Red Day

Helpers are still needed this Wednesday. Canteen will be open from 9 am until 3 pm. Be part of this great day and if you can spare any time (long or short) call Sue on 6344 2102
**READING RULES No 5:**

Don’t be a snob

A literary snob that is. This is about the joy of reading - reading for pleasure: pure and unadulterated pleasure. There is a vast difference in the quality of writing on offer. It would be ridiculous to compare a wordsmith like Tim Winton with Matthew Reilly. Writers are story tellers. How they tell their story is irrelevant when we are talking about reading for pleasure. If we want to encourage children to read, then it doesn’t matter what they read. Let them read whatever they want. You will be surprised what it will lead to.

You have to find the right book. It is fair to say that that J.K Rowling single handedly got more kids reading that the combined education authorities across the world. Why? Because *Harry Potter* was the right book. It grabbed kids, it was readable, it appealed to most tastes and it was a series – read one and you’re more likely to read the next. If you find the right book, your child will read it and probably continue to read other books. Many parents say that the first book their child read was *Harry Potter*. Note that they say the first, because their child discovered the joy of reading and kept on doing it. But *Harry Potter* is not the only book to capture the imagination of young people.

One Year 9 girl had not read a book since primary school. Then *Twilight* became popular and she was determined to read it. She ploughed through it, going on to read the remaining books in the series. This was no easy feat, considering the last book in the series *Breaking Dawn* is a hefty tome of 754 pages. But this wasn’t the end of her achievement: she then went on to read another 80 books that year! Now, you will hear many people question the literary merit of *Twilight*, but I say any book that gets a girl reading 80 books in a year is a masterpiece!

It is not really all that difficult to find the right book. Reading should be a pleasure. It should be something to look forward to. A good book should have you thinking about it when you’re not reading, anticipating the moment you and the book can be at one again, sharing the story.

If this means cashing in on trends such as *Harry Potter* and *Twilight*, then do it. Even if you prefer your child to be an individual and avoid peer pressure, reading should be exempt from this.

Movie tie-ins are another great way to entice kids to read. If a child has seen a movie and enjoyed it, they are familiar with the plot and characters which gives them a sense of comfort and confidence to tackle the book. Books contain much more detail than movies, so the book can be the icing on the cake after seeing the movie. Or the movie can be an inducement: “read the book and I’ll take you to see the movie”.


**Next week:** Reading Rules no. 6

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**Want to know how to make reading work for you?**

*Sign up for the Reading Challenge and be rewarded just for reading. Read a book of your choice, then log onto The Reading Thing blog and write your response. How easy is that?*

*See the Library staff for details*
Rural Cup 2012
this Wednesday 28th March
versus Oberon

Western Area Golf

On Monday the 19th March seven students had the opportunity to show their golf skills at the Western Area Championships held at Cowra Golf Club. In the handicap section Jacob Devlin, Rohan Toole and Daniel Friend completed 18 holes. Their nett scores after handicap were 77, 70 and 89 respectively. Congratulations to Rohan for winning the C grade scratch event for the second year running.

In the 2-person ambrose event for non handicap players Canowindra was represented by the pairs of Bailey Cain and Bradyn Cassidy and Harry Whatman and Sam McKenzie. After the match both pairs finished with 58 shots each, not quite enough to place them as prize-winners.

With excellent prizes available Harry and Sam won shirts in a lucky card draw making it a very rewarding and enjoyable day.

Students wanting to play golf at Canowindra can become members for $35. Please see Mr McKenzie or the Golf Club for membership forms.

Principal’s News

Thank you to all parents who participated in the successful Parent Teacher Meetings on Thursday night. A big thank you also to Leanne Harrison and Lynne Russell from the P&C for catering.

Congratulations to the staff and students involved in the numerous sporting events last week, including Western Region Golf in Cowra, Rugby League against Blayney at Canowindra, the Open Girls Netball and Open Girls Soccer in Orange.

Last week the Work, Health and Safety team scheduled an evacuation drill. It was a very efficient process and all students conducted themselves to a high standard, without notice. We conduct this type of exercise at least twice per year. As a result, we will be looking into new bells for the woodwork and agricultural areas of the school.

Well done to Ms Kathy Davis and Sue Townsend for the great job they did in organising the cultural menu to celebrate Diversity in the canteen last week.

This week is another busy week with many sporting events, including Rural Cup against Oberon High School on Wednesday. We look forward to all students being in full uniform and representing Canowindra High School with positive sportsmanship throughout each event. We will be providing a BBQ lunch for all students from both schools to allow some social time throughout the day.

The term assembly originally scheduled for Friday has been postponed until next term.

Student reminders:
- All students are required to wear their school uniform either sports (if competing) or school (if spectating).
- Bring plenty of water and wear hats and sunscreen if necessary.
- Bus travellers who may be involved in sports after 3.20 pm will need to make alternative arrangements to get home.

Nicole Bugeja
Principal (Rig)
WANTED: PLASTIC CONTAINERS
The Food Technology department would now like donations of plastic storage containers. If you can spare any ice cream, margarine or other plastic food containers please leave them at the office.

Car Battery Drive -
Fundraiser for the Year 10 Narrabeen Excursion All battery sizes, trucks, cars etc can be dropped off at:
- Ken’s Garage, cnr Rodd and Ferguson Streets, or
- Canowindra High between 8 & 8.30 am
at the Agriculture shed
Any enquiries to Owen McLaughlan (Yr 10 Adviser) on 6344 1305

P & C Easter Egg Raffle
Donations of Easter Goodies can still be left with Sue at the Canteen.
Tickets will go on sale later this week and will be available at the canteen or school office.
Winners will be drawn on Thursday April 5

Cowra District Hockey Registrations
Cowra District Hockey has one more registration day to go. All who have not yet registered but want to play hockey are to come to the Cowra High School synthetic field Thursday 29th March 4 - 5.30pm. Hockey is a game for men and women, boys and girls who are aged 5 years and over – regardless of skill level - so really it’s for everyone. Any enquiries - contact Carol Brown - (seniors) – 63424702 or Justin Smith - (juniors) 0411244089.

Costs:
- Seniors $115.00 & $10.00 Levy Total $125.00
- U18’s $80.00 & $10.00 levy Total $90.00 Born after 1995
- U11’s $35.00 & $10.00 levy Total $45.00 Born after 2002
- Minkey $25.00 no Levy Total $25.00 Born after 2006
Maximum levy per family $20.00

Jill Dunk
Cowra District Hockey Publicity Officer
Asthma Policy

Our Commitment:

Asthma management should be viewed as a shared responsibility. Therefore the following key groups within the school will be involved in the following ways:

Management:

- Identify students with asthma during the enrolment process.
- Provide these students with a copy of the Asthma Policy upon enrolment if requested.
- Provide all staff with a copy of the Asthma Policy and brief them on the school’s asthma procedures on a Staff Development day each year. This will also be included in the orientation of new staff.
- Provide opportunity and encouragement for staff to attend regular asthma training and ensure that at least one trained member of staff is present during all onsite and offsite activities.
- Provide an Asthma Record to individuals with asthma upon enrolment. The completed Asthma Record is to be returned promptly, reviewed annually and kept in a central location.
- Ensure that all staff are informed of students with asthma in their care via the student medical report.
- Formalise and document the internal procedures for Asthma First Aid, for both individuals with a diagnosis of asthma, and those with no known diagnosis of asthma (first attack).
- Ensure that at least one Asthma First Aid poster is displayed in a key location.
- Ensure that the Asthma Emergency Kit contains a blue reliever puffer (eg Airomir, Asmol, Epac or Ventolin), a spacer device and child mask if necessary and concise written instructions on Asthma First Aid procedures.
- Provide a mobile Asthma Emergency Kit for use on activities offsite.
- Identify and, where possible, minimise asthma triggers.
- Promptly communicate any concerns should it be considered that a student’s asthma is limiting his/her ability to participate fully in all activities.

Staff:

- Ensure that they maintain current training in managing an asthma emergency.
- Ensure that they are aware of anyone in their care with asthma.
- Optimise the health and safety of each student through supervised management of their asthma where required.
- Ensure that all regular prescribed asthma medication is administered with the information on the personalised Asthma Record or Asthma Action Plan.
- Administer emergency asthma medication if required according to the Asthma First Aid Action Plan. If no Asthma Plan is available the Standard Asthma First Aid Plan should be followed immediately.
- Promptly communicate, to management and where applicable, families, if they are concerned about asthma limiting an individual’s ability to participate fully in all activities.
- Provide the contact details of Asthma Foundation NSW if further asthma advice is needed.
Asthma Policy

- Regularly maintain all asthma components of the first aid kit to ensure all medications are current and any asthma devices are cleaned after each use and ready to use.
- Encourage asthmatics to carry their reliever medication and use their medication as soon as symptoms develop.
- Identify and, where possible, minimise asthma triggers.

Families:
- Inform staff, either upon enrolment or on initial diagnosis, if a student has a history of asthma.
- Provide all relevant information regarding the individual’s asthma via the Asthma Record as provided by their doctor.
- Notify the staff, in writing, of any changes to the Asthma Record during the year.
- Ensure that an adequate supply of appropriate medication (reliever) and spacer device clearly labelled is provided where applicable with the individual’s name.
- Communicate all relevant information and concerns with staff as the need arises eg if asthma symptoms were present during the night.

Policy created: March 2012

Policy Team: Kim Edwards, Dale Sherwin, Nicole Bugeja, Bob Scott, Owen McLaughlan, Rod Jones, Tom Harvey & Lee-Anne Jones

Policy to be reviewed: Annually (March)