More Achievements in Squash for Rohan

Our resident frequent flyer Rohan Toole has been busy again with squash commitments.

Rohan recently won the NSW Combined High Schools individual championship. In the final he defeated last year’s winner and along the way he had wins over one competitor he had never beaten before and another that he’d rarely beaten.

Western Region schools division won both the boys and girls team event for the first time ever. Rohan is the first boy from Western Region to achieve the individual championship since David Palmer, the recently retired world champion from Lithgow, won in the 90’s.

Rohan was selected in the NSW school team to compete in the tri series against QLD and New Zealand in Grafton in August and will also play in the national teams championships.

Rohan has recently returned from the Junior Men’s World Cup in Doha, Qatar, where he made the semi final of the consolation plate. It was a fantastic achievement for Rohan who, at 15, is the youngest player on the World squash circuit.

Invitation to Canowindra High to participate in the 2012 Carcoar Cup Running Festival.

This year will mark the second year of the Carcoar Cup Running Festival. It is truly a family affair, with events such as the Carcoar Cup for Kids, with U12, U10, U8 & U6 divisions. This year there is also a 6km U18 championship, so overall there will be girls and boys divisions of U18, U16, U14, as well as the Kids divisions.

As all the profits go to charity, it is the participation in a wonderful day that is important, so we want as many young people to take part as possible, regardless of where they think they will finish.

For more details visit our website at www.carcoarcup.com.au
Principal’s News

It’s great to be back. I would like to thank Paul Bullock for relieving as the Principal over the last few weeks whilst I have been on long service leave. I will continue relieving as Principal whilst David Lloyd continues as the Lachlan School Education Director this term.

Last week our Year 9 students travelled south for our annual excursion to the snow. From all accounts it was an outstanding success with excellent weather and skiing conditions. I would like to congratulate our Year 9 students who were fine ambassadors for Canowindra High School and thank the staff, Kath Balcombe, Rod Jones and Tom Blackburn who organised the excursion and accompanied our students. Well done to all involved.

Our open rugby league team plays Chifley College from Sydney in the next round of the University Shield, here at Canowindra on Wednesday. Kick off will be at 1:30 pm. Good luck to our boys in what will be a hard fought contest.

I would like to congratulate Ms Fiona Kerin for the excellent job that she has done in relieving for Kevin Smyth while he has been on leave. Thank you very much Fiona and best wishes in your next appointment at Orange High School. We hope to see you back again soon.

We will be holding an information session and morning tea on Tuesday morning at 10:00 am for parents and carers of students who will be enrolling in Year 7 next year. I encourage all to attend this information sharing opportunity. It is a good opportunity to meet up, to share information and to answer any questions that you might have.

Our vaccination program will continue this week. Years 7 and 10 will receive their immunisations on Thursday.

Finally, our best wishes are extended to Mrs Lois McCaffery on her retirement. Miss Shannon Weekes will fill the School Counsellor position on Mondays and Mrs Gail Farley from Cowra will commence this Thursday working every second week.

Have a good week.

N Bugeja
Principal (Rlg)

Until 12th August, we are participating in the Woolworths ‘Earn & Learn’ program. This requires you to collect stickers when you shop at Woolworths, place them on your sticker card and, once full, place in the entry box in the main foyer.

Visit our school website ……..

http://www.canowindra-schools.nsw.edu.au

For:

Canowindra High School brochure
For the latest news and newsletters, present and past
Links to our annual school report
Information on enrolment, schooling costs, attendance & absences
School and department rules & policies
Curriculum & activities
School documents:
  • School Management Plans
  • Assessment Policies & Appendices
  • Student Welfare
School calendar
Photo Gallery
etc
EVERYONE2DAY

EXEMPTIONS:

**Did you know?**
You can apply to the Principal for an exemption if your child needs to be absent from school.

Exemptions are not counted in your child/children’s end of year absences?

Exemptions *may* be granted for the following reasons and will need to be assessed for approval by the Principal:

- **exceptional domestic circumstances** (some examples are listed below):
  - Flood (or other natural disaster) where the student is prevented from attending school;
  - Funerals where the family needs to leave town for a period of time;
  - Family holidays during school term subject to being satisfied that this is in the best educational interests of your child;
  - Child accompanying sick parent out of town for a period of time for treatment. If the time away is more than a week try to have your child attend the local school through *short-term attendance* to ensure your child does not miss out on too much learning.

- **other exceptional circumstances** such as health of the student where sick leave or alternative enrolment is not appropriate
  - student needing to attend appointments in Sydney, for example, for ongoing treatment;
  - the child being prevented from attending school because of an infectious disease which could include whooping cough; measles; impetigo (school sores); influenza; chickenpox; conjunctivitis; gastroenteritis; German measles; mumps; ringworm; scabies; Scarlet Fever.

- **employment in the entertainment industry or participation in elite sporting events** for short periods of time i.e. for one or two days, and at short notice.

**Remember:** Exemptions need to be applied for by the parent or carer *prior* to the absence and will need to be approved by the school principal. If you think your child/children may need an exemption, speak to the principal by appointment or phone call and complete the application form.

WESTERN NSW REGION SRC CONFERENCE

On Tuesday 26th to Thursday 28th Jack Beath, Taihu AhMat and Philippa Myers attended the Western NSW Regional SRC camp.

It was held at the Wambangalang Environmental Education Centre about 40 kms south of Dubbo. It was a great camp and all three of us had a great time and met many new friends from all over the region.

On the third day we all participated in many activities and workshops revolving around ‘Find Your Vibe’. This is the theme that has been adopted by regional SRC and aimed to build our skills in the SRC and developed our leadership skills.

There were 55 students attending the camp from all over western region and there was great input into discussions regarding how a school works from Lithgow compared to a school in Broken Hill.

The camp was entirely run by students who are a part of the Western Executive Student Team (WEST). From Canowindra High we have three representatives Emily McTaggart, Taihu AhMat and Jack Beath but unfortunately Emily was caught up with her Year 12 studies and was too busy to attend.

Overall the camp was enjoyed by everyone and a big thank you goes to Mrs Myers for organising forms and permission slips.

Jack Beath

Attention Parents / Carers of Year 7 Students

During this term your child will be undertaking a unit of work entitled “Adolescence and Change” in their Personal Development, Health and Physical Education (PDHPE) classes

This unit will involve the following areas from the syllabus:

- Physical, social and emotional changes
- Behaviours associated with puberty
- Coping with challenges and changes

As this unit deals with issues surrounding adolescence, we feel that it is appropriate to inform all parents. If you wish to discuss the content of this unit further please contact MsTroy.
During Term 3 all students at Canowindra High School will be recording activity they do during class time, at recess and lunch as well as during sport. What they do outside school hours will also count towards the Challenge awards.

The purpose of the Challenge is to encourage students to participate in sport, games and physical activity - and to have more students, more active, more often. As part of this initiative year groups will be organised into lunchtime games on the following days:

- Monday: Year 7
- Tuesday: Year 9
- Wednesday: Year 10
- Thursday: Year 8
- Friday: Year 11 & 12

Your support in encouraging your child to be physically active before and after school as well as on weekends will encourage him/her to develop healthy lifestyle habits.

Each student completing the Challenge will receive a personalised certificate from the Premier of New South Wales.

If you would like to discuss any aspect of the Challenge or make suggestions, please contact Mr McKenzie who will be pleased to talk further with you. For more information on the Premier’s Sporting Challenge please visit www.schools.nsw.edu.au/psc

**Year 6 to 7 Transition**

Canowindra High will be holding the first of their transition days on Tuesday the 24th of July. This day is a Parent Information Session that runs from 10am till 11am. It includes a face to face with the Principal, Year Adviser and the Transition Coordinator, a school tour and light morning tea. Anyone interested in attending needs to sign in at the front office on the morning of the session. If there are any questions please contact the school.

**Breakfast @ Canteen**

* Toasted sandwiches, muffins, cereal, untoasted cheese & bacon buns, fruit, flavoured milk & juice at a cost of $1.50 per item. A combo is available where students can purchase both a food item & a drink for $2.50. These are available between 8.30-8.45am.

* An additional item available through the winter months is ‘hot chocolate’ - $2.00.